

SHOOTER | SHORT BLADE MONOFIN

#1.35.004

Designed to build a quick and powerful butterfly kick, while improving flexibility in feet and ankles.

TECHNICAL / MONOFINS

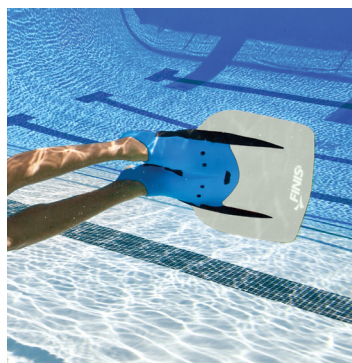


SHORT AND STIFF FIBERGLASS BLADE

Allows for race pace tempo

EARLY TECHNIQUE DETECTION

High speeds enable important streamlining adjustments



STRENGTH TRAINING

Builds core muscles including abs, lower back, quads and gluteus

FLEXIBILITY

Increases range of motion in feet and ankles

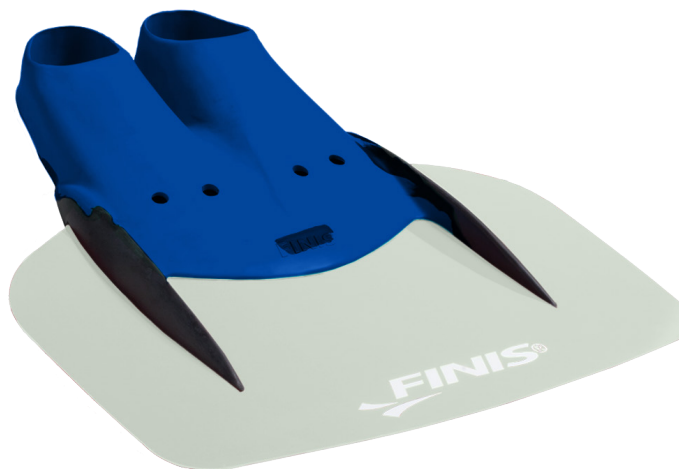


DRILL TRAINING TOOL

Works well for breaststroke drills, backstroke underwater work and side kicking

STRONG KICK

Develop a powerful, hip-generated dolphin kick



PRODUCT DESCRIPTION

Short fiberglass blade is ideal for competitive swimmers who want to develop a quick, powerful dolphin kick while improving flexibility in feet and ankles. Allows for high speed training that targets core and leg muscles.



DESIGNED IN CALIFORNIA

COLOR WAYS & SIZING



SHOOTER SIZE CHART

SIZE (CODE)	M (05) Blue	L (06) Green	XL (07) Orange	XXL (08) Black
US MALE	6.5-8	8.5-10	10.5-12	12.5-16
US FEMALE	7.5-9	9.5-11	11.5-13	13.5-17
EURO	38-40	41-43	43-45	46-49

FINIS, Inc.

FINISswim.com

USA 925.454.0111 | EU +359 2 936 86 36

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